

Carmel Amelia School of Dance Uniform List 2026

- * Dance shoes must be fitted at a dance shop to get the correct selection and fit.
- * Split Sole Ballet & jazz shoes must fit well with pointe showing clearly when feet are stretched.
- * Ballet Pink is our preferred colour for ballet tights & ballet shoes should match.
- * Canvas ballet shoes are allowed for class. Ribbons on shoes for exams and performance Grade 3up.

Uniforms available from :

Mino Dance 25B Brooke St, Sunbury (03) 9746 2682 *closest!

“Energetiks” 166 Buckley St, Essendon Ph: 93313322

“Bloch” Moonee Ponds, 132 Puckle St, Moonee Ponds, 3039, Ph: (03) 9326 1090

CASOD Sunbury Studios, 6 Bubeck St, Sunbury, Mon-Fri 4.00 – 6.00, Sat 9.00 – 12.00 *we only stock beginner uniform items, and some ballet shoes, most dance shoes need to be fitted in stores

“Tiny Ballet” “Pale Pink” leotard and tutu skirt, x-over top, ballet tights, pink satin ballet shoes with elastic, hair “up” with pink flower comb, bow or headband. *ballet socks ok for hot days **uniform may be purchased through the school

*Full package including: leotard, x-over, tights, tutu skirt, satin shoes & hair comb \$130



Prep & Primary Ballet “Pale Pink” leotard and x-over top, ballet tights. Students will wear class skirt from class set. *ballet socks ok for hot days, pink ballet shoes with elastics (leather or canvas), hair in a neat classical bun high on the back of the head, with pink flower comb or bow. *uniform may be purchased through the school

*Full package: leotard, x-over, canvas shoes, tights & flower hair comb \$100



Junior Ballet 1&2 – “lilac” “classic princess style” leotard and x-over, white waist elastic, theatrical pink ballet tights, pink canvas or leather ballet shoes with elastics, hair in a neat classical style with ribbon bow to match. *Waist elastic & hair bows available from school.



Elementary Ballet 3&4 – “Cerise” “princess style” leotard, white waist elastic, optional x-over top, theatrical pink ballet tights, pink split sole ballet shoes with ribbons, classical bun & matching hair bow. *Waist elastic & hair bows available from school.



Grades 5 & 6 - “Plum” (Bloch) or “Aubergine” (Energetiks) (dark purple princess style leotard, white waist elastic, Ballet tights and shoes, canvas shoes permitted for class. *Waist elastic & hair bows available from school. Pointe shoes for Grade 6



Majors (Intermediate – Advanced 2) – Low back navy leotard (princess style) no skirt, white waist elastic, ballet tights, ballet shoes & pointe shoes (Navy ½ tutus for Advanced 2 exam Cat A)

*Advanced 2 may wear Black leotard for class. Majors may wear firm fitting navy or black crossover or top as pictured. Classical Bun & matching bow.



Ballet Extension class leotard colour is set at start of each year and supplied by the school**

Junior Extension: White Elementary Extension: Pale Blue, Intermediate Extension: Lunar, Senior Extension: Teal

Boys Ballet

Juniors – Navy or Black leggings/bike shorts, white socks and white leather ballet shoes, white cap sleeve leotard or tight fitting T-shirt or “skivy”. Boys may wear male support.



G5,6 & Majors – Gray, navy or black unitard or leggings, white socks, white leotard, white ballet shoes. Older boys should wear a dance support.

CHARACTER CLASSES

Character classes may wear the leotard from their ballet class along with “Energetiks Erica” Character skirt- Black Georgette split skirt to top of knee, Black Character shoes with Cuban heel. *Leather “Show-Stopper” (Bloch) character shoes are required for support. *Canvas allowed for students still in child sizes. Black ¾ sleeve leotard may be needed if assessments are done.



***EXTRAS/WARM UPS** –All levels may wear x-overs in matching colour for warmth. G6, Intermediate - Seniors may have navy or black x-overs or fitted dance tops, no writing!

Jazz, Tap, Musical Theatre (NO baggy tops please!)

Black leotards & x-overs, or black crop tops & lycra shorts, tan tights, tan split sole jazz shoes or tan beginner tap shoes, hair up or in a pony tail or bun i.e.: off the face and neck!

* Ballet class leotard may be worn if classes run consecutively.

*No-lace slip on canvas jazz shoes preferred.

*Students doing JAZZ/HIP HOP combined classes must have jazz shoes.

*Black shoes may not be worn in studios for class (due to marking)

Boys Jazz & Tap – black jazz or tap shoes, black dance pants/shorts and black or white t-shirt/leotard or black unitard.



Canvas slip-on jazz shoes preferred!

Girls Tap shoe

Boys tap shoe

* low heel for up to Elementary Tap

Hip Hop – Black leotard or crop, black leggings and track pants, white soled sneakers only!

Contemporary/Lyrical/Acrobatcs

Ballet leotard if classes run consecutively OR Black leotard, leggings, dance/bike shorts & convertible ballet tights, Black crop tops ok!

“Grip” Dance socks designed for Contemporary & Acro (for hygiene & toe protection) Tan/black

“Flesh” stretch canvas ballet shoes for Lyrical.



Black or Tan “Grip”
Dance Sock



Black leotard



Canvas ballet shoe



knee pads (Contemp)



leggings

UNDERWEAR FOR CLASS AND PERFORMANCE



Clear back bra top



dance briefs



low back body stocking



male support